



UNDERSTANDING Headaches

Headaches are common, but they're not normal.

Drug Culture

Pain relievers of various types are the most common approach to headaches. In our practice we take a more natural approach. Our objective is to find and reduce the underlying *cause* of a headache.

Hidden Cause

A common cause of headaches is from spinal bones in the neck that aren't supporting the head properly. You might not notice your reduced ability to turn your head. But these vertebral subluxations affect nerves, muscles and even the blood supply to your head.

Our thorough examination detects vertebral subluxation patterns that could be causing your headaches. If vertebral subluxations are present, you're likely to benefit from chiropractic care.

Compensation Reaction

Some are surprised to learn that their headaches are being caused by problems in their lower back! The upper spine compensates, shifting the head off center, causing headaches.

While we can't guarantee results, we have a high success rate with practice members who get headaches so give us a call. Let's sit down and discuss your unique situation.

Visit www.TheWellnessPointeChiro.com for our contact information.